**School Dinner Menu**

**Summer Term 2022**

|  |  |  |
| --- | --- | --- |
| Week 1 | Week 2 | Week 3 |
| Separate Main Meal option  Jacket Potato & Cheese | Separate Main Meal option  Jacket Potato & Tuna | Separate Main Meal option  Jacket Potato & Beans |
| Monday | Monday | Monday |
| **V** Creamy Cheese & Tomato Pasta Bake  Mixed Veg and Broccoli  Orange Shortbread | Pasta Bolognaise  Green Beans & Sweetcorn  Garlic Bread  Marbled Sponge & Chocolate Sauce | Beef Burger in a Bun  Chipped Potatoes  Grated Carrot & Sweetcorn  Shortbread Cookie |
| Tuesday | Tuesday | Tuesday |
| Chicken Wrap  Summer Veg Sticks  Fiesta Rice  Fruit Jelly and Ice-cream | **V** Margherita Pizza  Homemade Potato Wedges  Peas & Sweetcorn  Chocolate & Vanilla Cookie with Orange Slice | **V** Quorn Tikka Masala & Rice  Medley of Summer Vegetables  Naan Bread  Chocolate Banana Brownie |
| Wednesday | Wednesday | Wednesday |
| Savoury Minced Beef & Vegetable Pie with Gravy  Creamy Mashed Potato  Medley of Summer Veg  Cheese & Crackers | Roast Pork Loin & Gravy  Baby New Potatoes  Carrots & Broccoli  Homemade 50/50 Bread  Raspberry & Apple Doughnut Muffin | Roast Chicken & Gravy  Creamy Mashed Potato  Carrots & Summer Cabbage  Sliced Wholemeal Bread  Custard Cookie with Apple Wedge |
| Thursday | Thursday | Thursday |
| Sausage in a homemade bun with tomato ketchup  Diced Potatoes  Mixed Summer Salad  Coleslaw  Summer Mousse | Chicken Korma & Rice  Peas & Cauliflower  Naan Bread  Yogurt Pots | Homemade Pork Sausage Roll  Baked Baby Potatoes  Baked Beans  Sunflower Seed Bread  Summer Berry Sponge & Custard |
| Friday | Friday | Friday |
| Harry Ramsdens Battered Fish  Chipped Potatoes  Beans  Fresh Summer Fruit Platter | Fish Fingers  Chipped Potatoes  Mixed Summer Salad & Grated Carrot  Herbie Bread  Iced Lemon & Sultana Finger | Crunchy Salmon Fish Bites  Homemade Potato Wedges  Broccoli & Carrots  Tomato Ketchup  Crusty Bread  Summer Drizzle Cake |

Very occasionally due to circumstances beyond our control, it may be necessary to change from the menu

**DISHES AND THEIR ALLERGEN CONTENT – Wolds & Vale Federation**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | DISHES  (with allergens) | | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | | The foods below are some or all of the menu items for each day. Unlisted items do not contain identified allergens. | | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Week 1** | **Mon** | | Cheese & Tomato Pasta |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
| Orange Shortbread |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  | 🗸 |  |
| **Tue** | | Chicken Wrap |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| Fruit Jelly and Ice-cream |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| **Wed** | | Savoury Mince Beef & Vegetable Pie |  | 🗸 |  |  |  |  |  |  |  |  |  |  | 🗸 |  |
| Cheese & Crackers |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  | 🗸 |
| **Thur** | | Sausage in a homemade bun with ketchup |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  | 🗸 | 🗸 |
| Summer Mousse |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| **Fri** | | Battered Fish |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |  |  |
| Summer Fruit Platter |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | | | | | | | | | | | | | | | | | |
| **Week 2** | **Mon** | | Pasta Bolognaise | 🗸 | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| Marbled Sponge & Chocolate Sauce |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |
| **Tue** | | Margherita Pizza |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
| Chocolate & Vanilla Cookie with Orange Slice |  | 🗸 |  |  |  |  |  |  |  |  |  |  |  |  |
| **Wed** | | Pork Loin & Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Raspberry & Apple Doughnut Muffin |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |
| **Thur** | | Chicken Korma & Rice | 🗸 | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| Yogurt Pots |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| **Fri** | | Fish Fingers |  | 🗸 |  |  | 🗸 |  |  |  | 🗸 |  |  |  |  |  |
| Iced Lemon & Sultana Finger |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
|  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Week 3** | **Mon** | | Beef Burger in a Bun |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  | 🗸 | 🗸 |
| Shortbread Cookie |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  |  |  |
| **Tue** | | Quorn Tikka Masala & Rice | 🗸 | 🗸 |  | 🗸 |  |  | 🗸 |  | 🗸 | 🗸 | 🗸 |  |  |  |
| Choc Banana Brownie |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  |  |  |
| **Wed** | | Chicken in Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Custard Cookie & Apple |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
| **Thur** | | Homemade Sausage Roll |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  | 🗸 |
| Berry Sponge & Custard |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |
| **Fri** | | Crunchy Salmon Bites |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |  |  |
| Summer Drizzle Cake |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  |  |  |
|  |  | | Jacket Potato & Cheese |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
|  |  | | Jacket Potato with Tuna |  |  |  | 🗸 | 🗸 |  |  |  |  |  |  |  |  |  |
|  |  | | Jacket Potato with Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |